



Hesketh-with-Beconsall All Saints Church of England Primary School

*'What you are is God's gift to you,
what you become is your gift to God.'*

School Improvement Newsletter - Issue 11

Dear Parents & Carers,

In Issue 11 we have a 'Spotlight on Sport' which includes an overview of how we use the 'PE & Sports Premium' Funding provided by the government.

Thank you for your support.

Kind regards,

RS Ainsworth

Associate Headteacher

*'Worship the Lord your God and only the Lord your God. Serve him
with absolute single heartedness.'* Luke 4:8

Spotlight on Sport

Why sport?

In Early Years, physical activity is vital in children's all-round development, enabling them to pursue happy, healthy, and active lives.

Gross and fine motor experiences develop incrementally throughout early childhood, starting with sensory explorations and the development of a child's strength, co-ordination, and positional awareness through tummy time, crawling and play movement with both objects and adults.

By creating games and providing opportunities for play both indoors and outdoors, adults can support children to develop their core strength, stability, balance, spatial awareness, co-ordination, and agility.

Gross motor skills provide the foundation for developing healthy bodies and social and emotional well-being.

Fine motor control and precision helps with hand-eye co-ordination which is later linked to early literacy.

Repeated and varied opportunities to explore and play with small world activities, puzzles, arts and crafts and the practise of using small tools, with feedback and support from adults, allow children to develop proficiency, control, and confidence.

In Key Stages 1 & 2 keeping active and taking part in sport is important for children's personal development as well as being important for their mental and physical health. Sport and physical activity can boost our ability to cope with challenges and our resilience. PE is a vital part of a broad and balanced education, which is why it is part of the National Curriculum.

The current [National Curriculum for PE](#) aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities.
- are physically active for sustained periods of time.
- engage in competitive sports and activities.
- lead healthy, active lives.

From Key Stage 1 to 4, pupils are expected to master various fundamental skills relating to physical education. These include mastering basic movements including running, jumping, throwing, and catching, as well as developing balance, agility, and co-ordination, and begin to apply these in a range of activities at Key Stage 1, right through to using and developing a variety of tactics and strategies to overcome opponents in team and individual games at Key Stage 4.

In addition to PE lessons children at our school have the opportunity to take part in a variety of competition type activities as well as opportunities to develop skills to help children remain active.

Sports opportunities this Autumn term

TASA Football Competition organised by WLSP



Well done to our Football Team who impressed Mr Wright with their excellent performance - on and off the pitch at the competition on 10.10.23 Having won 1-0 against both Holy



Trinity B and TCP before half-time, it was a wait to the end to find out just how well the team had done... We came joint 1st in the large schools' league but lost on goal difference to Holy Trinity A team. The boys were amazing with a few of them are being



scouted for the district team! Well done to HwB All Saints!



TASA Composite Relay organised by WLSP

Thank you to West Lancashire Sport Partnership for organising the TASA Composite Relay event at Rufford on 17.10.23 Our teams had a great time taking part coming 6th & 9th place in the girls and 4th & 6th place in the boys. A great result considering 24 teams were involved! Well done team HwB All Saints!



It's official!

After finding out on the last day of the summer term that our school had achieved the Platinum School Games Award, it was great that Mr Wright, Joshua & Sophie could attend the West Lancashire Sport Partnership celebration event at Ormskirk Cricket Club to receive our award.



Thank you for all your support in making this happen!

Personal Best Challenge Week took place at the end of the first half of the Autumn term.



We enjoyed a fabulous World Kindness Day on 13.11.23 because of our **Mental Health & Wellbeing Day** with the Yogi Group.



Bikeability

Year 5 received their certificates for participating in Bikeability.



Level 2 teaches children how to grow more confident with each turn of the



pedal. Level 2 taught the children to: start

and stop with more confidence, pass

stationary vehicles parked on a road, understand the road: signals, signs, and road markings, negotiate the road: including quiet junctions, crossroads and roundabouts and share the road with other vehicles.

Year 5 showed fantastic maturity and responsibility whilst cycling on the roads. Year 5 really enjoyed the experience.

This half term Year 2 were meant to attend the TASA Sports Hall Athletics but due to building work at Tarleton Academy this has been postponed to January.

Good news though, Year 2 are off on a football competition to Scarisbrick Hall School, tomorrow building on the link we made with them after our Football Fun Day in July.



Look out for how they got on in Friday's newsletter!

PE & Sports Premium Funding

What is 'Sports Premium' Funding?

The PE and Sports Premium is a government-funding stream designed to help primary schools improve the quality of PE and sport activities they offer. Schools receive PE and Sports Premium funding based on the number of pupils in Years 1 to 6.

Schools must use the funding to make additional and sustainable improvements to the quality of PE and sport they offer.

There are 5 key indicators that schools should expect to see improvement across:

- The engagement of all pupils in regular physical activity.
- The profile of PE and sport is raised across the school as a tool for whole school improvement.
- Increased confidence, knowledge, and skills of all staff in teaching PE and sport.
- Broader experience of a range of sports and activities offered to all pupils.

- Increased participation in competitive sport.

Schools must use the funding to make additional and sustainable improvements to the quality of their physical education (PE), physical activity and sport.

How do we use it?



Last academic year we were awarded the Platinum School Games Mark for our commitment to competitions and PE Provision, this followed a few years of achieving Gold.

We will continue to build on this good practice and endeavour to develop our PE Provision and sporting opportunities further.

This academic year, Mr Wright, Deputy Headteacher is responsible for the organisation of sport and PE across the school, working with teachers and outside agencies. The spending of this funding is reported to Governors on a regular basis.

Funding is allotted by:

- **What** are you planning to do?
- **Who** does this action impact?
- **Which** Key Indicator does it meet?
- **What** is the impact and **how** will sustainability be achieved?
- Associated costs

Recently there have been updates and changes to how the funding can be used from the Department for Education, based on research informed practice which states that since 2012 when funding started:

- Ofsted say teachers (around 50%) are not confident in the teaching of PE.
- Obesity figures have not gone down.

Upskilling teachers on delivering high quality PE and reducing obesity were the two main reasons why the funding was initially introduced.

Funding this year is about putting things in place to achieve the government's aim of all teaching staff to be confident and competent in the teaching of PE.

In other words, not relying solely on sport specific coaching staff being brought into school to deliver PE and instead the money spent on teacher CPD (continuous professional development), so children receive high quality PE teaching on a weekly basis in school.

What are our priorities this year?

Mr Wright presented the 2023/24 PE Sports Premium to the Board of Governors at their full meeting in November.

Our priorities are:

- All children are engaged in regular physical activity, (2 hours of PE a week or continuous provision in the EYFS) lunchtime activities for pupils and promotion of mental health and wellbeing.
- To raise the profile of PE and Sport.
- CPD for teachers, working alongside WLSP (West Lancashire Sports Partnership) PE Specialists to provide training for class teachers on delivering various aspects of the PE curriculum.
- Children to experience a broader range of sports and activities.
- Children to take part in an 'intra-school' competition each half-term, to include the setting of 'personal best' challenges.
- To take part in the full range of TASA competitions (district schools) throughout the year to provide children with the opportunity to compete and achieve their personal best.
- To endeavour to ensure that our Year 6 children meet the National Curriculum requirement for swimming.

The full document will be available shortly on the school website which details what we are doing to ensure these priorities are actioned and are impactful on your children.

We hope you have found this information useful, and we thank you for your continued support.

Coming in Issue 12... Spotlight on SEND